

Supporting families before birth: pediatric prenatal appointments

Connecting expectant parents with pediatricians early for healthier beginnings.



Benefits for parents and families

- Meet with a pediatrician before birth
- Learn about what to expect with your newborn in the hospital
- Get answers to newborn care questions
- Build confidence and reduce anxiety
- Ensure a smooth transition from the hospital to home and to your pediatrician's office

How it works

Step 1: Talk to your OB/GYN or maternal care team for assistance with scheduling pediatric visits.

Step 2: Schedule – Book a prenatal pediatric appointment, in-person or virtual.

Step 3: Connect – Meet with a pediatrician to discuss your baby's health and your questions.

Step 4: Transition – After delivery, care continues seamlessly with your chosen pediatrician.

Why it matters

Welcoming a new baby begins well before delivery. Expectant parents often have questions about feeding, sleep, safety, and what to expect in the first days of life. MedStar Health's Pediatric Prenatal Appointment Initiative connects families with pediatricians during pregnancy—helping parents prepare for the arrival of their little one, ease the transition to parenthood, and build trust before their baby is born.

To schedule a telehealth or in-person prenatal pediatric visit, call MedStar Georgetown University Hospital Division of Community Pediatrics
202-444-8888



Scan the QR code to visit our website.



**D.C. Safe Babies
Safe Moms.**

It's how we treat people.