

To our patients,

MedStar Health Physical Therapy thanks you for placing your trust in our team of seating and mobility experts. We look forward to working with you throughout this process.

To ensure that your wheeled-mobility needs are met in a timely manner we have included an outline of the process for setting up your seating and mobility evaluation.

# Step 1: Schedule an appointment with your referring physician to perform a seating and mobility Face-to-Face Evaluation.

PLEASE BRING PAGES 2 AND 3 OF THIS DOCUMENT WITH YOU TO YOUR PHYSICIAN'S APPOINTMENT AND GIVE BOTH PAGES TO YOUR PHYSICIAN.

- Page 2 contains the instructions your physician needs to document the requirements for your seating and mobility Face-to-Face Evaluation.
- Page 3 is the 'Seating and Mobility Request for Services' form for your physician to complete.

Step 2: Once the following documents are received from your physician's office, we will contact you by phone to schedule your seating and mobility evaluation appointment:

- 1. Seating and Mobility Request for Services (page 3) or a physician's prescription for a 'seating and mobility evaluation.'
- 2. Physician's documentation from your Seating and Mobility Face-to-Face Evaluation.

\*\*\*\*MedStar Health Physical Therapy is <u>unable</u> to accept Face-to-Face Evaluations older than 6 months.

#### Step 3: On the day of your appointment:

**What to expect:** Please arrive **20 minutes early** to complete the patient registration process. Please schedule your transportation accordingly.

Late arrivals and cancellations: We are unable to guarantee that your evaluation will be completed if you arrive late. If you are unable to make your scheduled appointment, please provide advanced notification and contact our customer service representatives at least one (1) day prior to your scheduled appointment and we will make arrangements to reschedule your visit.

We look forward to seeing you for your seating and mobility evaluation.



#### Dear Physician,

This letter is provided as a resource by the MedStar Health Seating and Mobility team to assist you in the prescription process of a wheeled mobility device for your patient. Please use the following information as a guide for documenting essential information for the Face-to-Face Evaluation in the patient's medical record.

**Face-to-Face Evaluation** (in-person) by a MD, DO, DPM, PA, N or CNS. An NP, PA or CNS Face-to-Face Evaluation must be co-signed by a MD or DO (unless PECOS enrolled). Please include **ALL** the following information within the Face-to-Face Evaluation (Note: Payors will deny client's needs for a wheelchair if information is missing).

- 1. Current condition, past medical history, and pertinent physical examination that clearly describes client's mobility needs in their <a href="home">home</a> (Note: Face-to-Face documentation must be separate and distinct for wheelchair and seating needs).
- 2. Height/weight
- 3. Cardiopulmonary exam
- 4. State type of recommended wheeled mobility device (i.e., manual wheelchair or powered mobility device.)
- 5. Documentation must support <u>significant</u> mobility impairment within the <u>home only</u> and identify how your client's ADL's are impacted. Be specific.
- 6. For patients with non-neurological disorders, historical chart notes can be used as supporting documentation demonstrating progression of the condition (this is not required but beneficial).

#### In addition to the Face-to-Face Evaluation please complete the following:

**Prescription/Order** Include the following on the order/prescription or complete referral on page 3, 'Seating and Mobility Request for Services'.

- a. Name, DOB, ICD-10 code, client's diagnosis, client's contact information
- b. Reason for referral ('Seating and mobility evaluation, delivery, follow-up')
- \*\*Signature and date stamps are not allowed

Please Fax: Face-to-Face Evaluation, prescription, and demographics to the MedStar Health Seating and Mobility Clinic at the location your client is requesting to be scheduled.

\*\*\*As soon as we receive all completed forms, we will schedule your patient for a seating and mobility evaluation.

For further questions or information please contact the nearest MedStar Health Seating and Mobility Clinic.

Thank you for your referral.



# Outpatient therapy seating and mobility clinic request for services

Patient name	Date of birth/
Address	
City	State Zip code
Home phone	Cell phone
Which MadSter Hoolth sections and mahility o	liuis la cation de ver pueteu?
Which MedStar Health seating and mobility of Irving Street–Neurorehabilitation Center	☐ Bel Air ☐ MedStar St. Mary's Hospital–Rehabilitation Service
☐ MedStar Good Samaritan Hospital— [ Neurorehabilitation Center	
Physician name (print clearly)	NPI#
,	
	State Zip code
City	StateZIp code
Seating and mobility clinic evaluation: OT or	PT
3	
☐ Manual wheelchair	☐ Other:
☐ Power wheelchair	
☐ Posture assessment (cushion/backrest)	
☐ Pressure ulcer/pressure mapping	
Diagnosis and ICD-10 Code	
Include all diagnoses and ICD10 codes that a	pply.
☐ Alzheimer: ICD10	
☐ ALS: ICD10	□ Paraplegia: ICD10
☐ Amputee: CD10	
☐ Brain injury: ICD10	
☐ Cerebral palsy: ICD10	
CVA: ICD10	Spinal bifida : ICD10
☐ Diabetes: ICD10	☐ Stenosis: ICD10
☐ Diabetes: ICD10	☐ Stenosis: ICD10 ☐ Tetraplegia: ICD10
□ Diabetes: ICD10      ☐ Multiple sclerosis: ICD10      ☐ Muscular dystrophy: ICD10	



### Seating and mobility clinic locations near you.

Please contact the location convenient for you to schedule an appointment or learn more about our rehabilitation services for wheelchair assessments, seating, and mobility needs.

#### WASHINGTON, D.C.

#### MedStar Health: Physical Medicine & Rehabilitation at MedStar Georgetown University Hospital

3800 Reservoir Rd., NW Pasquerilla Healthcare Center, (PHC) 3 Washington, DC 20007 P 202-295-0546 F 855-470-6848

#### MedStar Health Physical Therapy at Irving Street - Neurorehabilitation Center

MedStar National Rehabilitation Hospital 102 Irving St. NW Washington, DC 20010 P 202-877-1822 (Seating and mobility clinic phone only) F 667-359-3020

#### **MARYLAND**

#### **Baltimore City**

#### MedStar Health Physical Therapy at MedStar Good Samaritan Hospital

5601 Loch Raven Blvd.
O'Neill Bldg., 2nd Fl.
Baltimore, MD 21239
P 443-444-4600 F 443-444-4607

#### **Harford County**

#### MedStar Health Physical Therapy at Bel Air

12 MedStar Blvd., Ste. 225
Bel Air, MD 21015
P 410-877-8078, option #3, then option #2 (Seating and mobility clinic phone only)
F 410-877-8079

#### St. Mary's County

#### MedStar St. Mary's Hospital-Rehabilitation Services

25500 Point Lookout Rd. Leonardtown, MD 20650 **P** 301-475-6062 **F** 301-997-6502

## MedStarHealth.org/services/seating-and-mobility-clinic