



# MedStar Health

Hello!

We are so pleased that you are coming to MedStar National Rehabilitation Hospital (MedStar NRH) to pursue your clinical education in Physical Therapy. On this site you will find:

1. Logistical information
2. Affiliation requirements for confirmed, full-time students

Medstar NRH is a 110-bed free-standing rehabilitation hospital in Washington DC. We are the region's largest acute rehabilitation hospital. MedStar National Rehabilitation Hospital is responsible for treating some of the nation's most complex cases, due to our research partnership with Georgetown University School of Medicine, our highly specialized physicians, and our continued use of the latest technology; we are prepared to treat any injury.

The mission of the MedStar National Rehabilitation Network is to serve the community as a regional and national leader in rehabilitation services through five major areas:

- Quality patient care in inpatient, outpatient, and day treatment programs
- Rehabilitation research
- Education and training of rehabilitation professionals and the community
- Assistive technology that helps persons with disabilities live productive lives
- Advocacy - working with persons with disabilities to communicate their needs to policymakers at the local, state, and national levels

The inpatient hospital has the following programs:

- Cerebral vascular accident\*
- Spinal cord injury\*
- Cardiac
- Pediatrics\*
- Traumatic brain injury\*
- Musculoskeletal
- Amputee\*

\* indicates CARF specialty accreditation



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Our rehabilitation specialists work together to develop comprehensive and individualized treatment that may involve:

- A combination of **physical therapy, occupational therapy, and speech therapy** for an average of three hours each day for five days per week
- Both **individual and group therapy**, providing patients the opportunity to practice skills in a variety of settings while connecting with others over shared experiences
- **State-of-the-art technologies and assistive devices** to help patients relearn to walk and perform activities necessary for independent living
- **Unique therapy programs**, including music therapy and therapeutic recreation\*
- **24/7 access** to rehabilitation nurses and physicians
- **Support services**, including access to spiritual care and dieticians
- **A neuropsychologist** who evaluates all patients and provides additional support as needed throughout the inpatient stay
- **Education for patients, family members, and caregivers** to help them cope with the potential changes in their loved one's behavior and skill level

We also have a large outpatient program which provides services for patients with the above-mentioned diagnoses, as well as offering specialized services such as hand and upper extremity rehab, occupational rehabilitation, driver rehabilitation, lymphedema, post-polio, chronic pain, and women's health. We have outpatient satellite facilities in DC, Maryland, and Northern Virginia.

If you require any additional information, please reach out to me at  
[maria.m.summers@medstar.net](mailto:maria.m.summers@medstar.net).

We look forward to working with you during your clinical education experience.

Sincerely,

Maria Summers PT, NCS